



Review Article

FROM TRADITION TO SCIENCE: UNRAVELING THE THERAPEUTIC SECRETS OF CAMEL MILK

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One of the animals listed in the Quran as a wonder of God is the camel. It is customary to allow camels to consume specific herbs in order to use the milk for therapeutic purposes. Camel milk has superior nutritional value and is said to be therapeutic for a variety of human diseases. Many human ailments can be treated with camel milk. It has been demonstrated to be an effective treatment for food allergies, diabetes type 1, and stomach and intestinal issues. Additionally, camel milk has been used to lower blood cholesterol levels, prevent psoriasis, treat bodily inflammation, help patients with tuberculosis, boost the human immune system, slow the formation of cancer cells, and treat autism. In India, camel milk is used medicinally to treat conditions such as dropsy, jaundice, spleen issues, tuberculosis, asthma, anemia, and piles. The "chal" and other lung conditions have been successful in treating tuberculosis. In this paper, we had made a review on importance of camel milk as a health care and alternative treatment of various diseases and we had discussed about its composition and content found in camel milk.

KEYWORDS: - Camel Milk, Heath, Treatment, Composition, Importance, Disease.

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